



PERSONAL LEADERSHIP



The importance of knowing where you are going in life YOUR life purpose!

To live a meaningful, joyous and fulfilled life, one must have knowledge of the direction your life is taking. This can be gained by determining a person's life purpose, roles, responsibilities, goals and priorities. To do this it is imperative to listen to the heart and mind this is something only YOU can determine.

At Africa Skills we agree with the words of Warren Bennis:

“Leadership is a function of knowing yourself, having a vision that is well-communicated, building trust among colleagues, and taking effective action to realise your own leadership potential.”

Module 1: Brilliant Self	Module 2: Brilliant Relationships	Module 3: Brilliant Leadership
Responsibility Determine who or what controls your life.	Lemon Understand different behavioural styles.	Planner A brilliant leader knows that excellent planning leads to success.
Values Determine your five most important personal values.	Emotional Mastery Learn methods to control your emotions.	Role Model A brilliant leader sets an example to others.
Life-Purpose Verbalise your life-purpose.	Communication Master this tool that dramatically influences your success.	Team Builder A brilliant leader knows how to be a team player.
Self Worth Develop your own self-worth statements.	Conflict Resolution Discover how to keep the argument out of the disagreement.	Motivator A brilliant leader knows how to energise others.
Priorities Prioritise action plans to achieve your life-purpose.	Be Yourself Establish boundaries.	Empowerer A brilliant leader empowers his team.

Specification and Duration:

Credits: 12 | Duration: 3 Days

Entry Requirements:

No formal experience required; and
Competence in communication and NQF level 1

EQUIP!

EMPOWER!

EXCEL!