



DOMESTIC SERVICES

NQF LEVEL 1



Overview: Skills Program

The main aim of the training is to demonstrate to the learner the skills required in delivering a high standards of domestic services. The image of your home or your business is heavily dependent on the magic makers – those that keep all surfaces clean, bright, and hygienic! The role of maintaining the high levels of hygiene and cleaning in your home or business environment has a ripple effect on your family life, your children, your clients and your stress levels! The equipment, products, and tools associated with these functions have a high and continuous effect, and therefore it can be concluded that having trained staff operating these tools would be good business. The primary purpose of this course is to develop

the foundational, practical, and reflexive competencies required for a career in the Hygiene and Cleaning Services Industry, whether at home or at a workplace in the public or private sector. Central to the qualification is the development of a culture of quality service and professionalism in a cleaning services environment. This programme has been designed as the first qualification in the learning pathway in the cleaning and domestic services sector and is suited to the following occupations: contract cleaning services, in-house cleaner, laundry assistant, car wash attendant, garden services, relief cleaner, room attendants, ward hostess, domestic worker and sculler

Program Outline

- Module 1: My Role in the Workplace 37 credits
- Module 2: Cleaning Principles 58 credits
- Module 3: Food & Laundry 15 credits
- Module 4: Life Skills 51 credits
- Module 5: Child Care 12 credits

The above is taught in a combination of:

- Practical application, research and self-study "on-the-job" training;
- Practical Demonstrations;
- Theoretical Lessons;
- Homework; and
- Practical Assessments.

Specification and Duration:

Credits: 185 | Duration: 1 Year

No formal experience required;
School leavers wishing to specialize in cleaning services; and
Competence in communication and mathematical literacy AET level 4.

EQUIP!

EMPOWER!

EXCEL!