



# AU PAIR WITH FLAIR



## Overview: Skills Program

This programme will open employment opportunities to a variety of career options: au pair, nannies, childcare workers, young mothers and domestics workers. Babies, toddlers and pre-school children need good care, stimulation and security. This practical programme will enable you to work with confidence and to provide the necessary care to children.

An au pair is a domestic assistant who lives with a host family and carries out duties like childcare and a few other odd jobs for the family in exchange for money and accommodation. This

course covers First Aid, essential child and baby care techniques, developmental stimulation, nutrition and feeding of infants and toddlers. It teaches you everything you need to know from relationships with children to medical issues and everything in-between. This course is not exclusive to those who want to au pair in other countries, you can take it and still use it to do other childcare jobs such as being a day mother, crèche assistant, community counselor, baby sitter, nursery school attendant, and the like.

| Unit Standards | Title   | Credits | Level |
|----------------|---|---------|-------|
| 114417         | Provide a safe and secure environment for the Grade R child in a home environment                 | 2       | 2     |
| 114433         | Provide nutritious feeding for toddlers   | 2       | 2     |
| 119513         | Provide health care for babies, toddlers and pre-school children in the home                      | 2       | 2     |
| 119514         | Provide a safe and secure environment for the toddler and pre-school child in and around the home | 2       | 2     |
| 114427         | Provide safety and security for babies in...  | 2       | 2     |

### Specification and duration:

Credits: 4 | Duration: 5 Days

No formal experience required;

Competence in communication and mathematical literacy AET level 2.

**EQUIP!**

**EMPOWER!**

**EXCEL!**